



## AUGUST ADULT PROGRAMS



### Fiber Arts Club

**Thu., Aug 1 at 12pm**

Bring your work-in-progress, problem piece, or brand-new pattern and

enjoy the company of like-minded crafters during this informal Fiber Arts Club.



### Meditation for Busy People

### Meditation for Busy People with Martha Piersma

**Thu. Aug 1 at 6pm**

Back by popular demand! Learn to be more mindful, present, and resilient to the ups and downs of the day during this practical introduction to meditation with Martha Piersma. Learn techniques you can practice anytime, anywhere, sitting up, walking, and even with your eyes open. You will learn practices to help lay the foundation for a successful meditation habit.



### Free Range Arts & Crafts

**Thu., Aug 8 at 6pm**

The craft vault is open and everything from needle felting to clay sculpting awaits. Enjoy a

coloring book, practice with pastels, or bring your own project to finally finish, it's up to you. Ages 21+ are welcome to bring an adult beverage if desired.



### Animal Wonders — Adult Session

**Thu., Aug 22 at 6pm**

Enjoy seeing live animals and learning about their habits, food, and lives in this session specially tailored for adults and not open to children. (Children session is at 4pm).

Animal Wonders is brought to you by the generosity of a Town Pump grant supporting Montana libraries.



### Myth & Fairytales

**Thu. Aug 29 at 6pm**

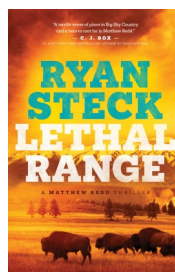
Join us as we travel east of the sun, west of the moon, and into the deep dark forest,

to dive into the hidden depths of myth and fairytales. Drawing from tales from around the world, some of the topics this 2-part program will discuss include:

- The difference between myth, fairytales & folklore
- The meaning of archetypes (ex. the witch in the woods, the princess in the tower, the noble knight, etc.)
- The significance of narrative patterns (ex. why is mom always dead and the stepmother so mean?)
- The relevance of enchantment in today's world and for adults

Part II of this series to be announced. It is recommended but not required to attend both sessions. Zoom option available.

## NEW MONTANA THRILLER SERIES



If you like C.J. Box or Craig Johnson give Ryan Steck a try.

C.J. Box says of Steck's Matthew Redd thriller series, "A terrific sense of place in Big Sky Country and a hero to root for in Matthew Redd."

## BEWARE OF SCAMS

What do summer, autumn, winter, and spring all have in common? They are when scammers try sneaky methods to get you to part with your money, often pretending to be a business or organization you know and trust, even a shipping company with failed parcel delivery. Scams are getting sophisticated and often change their methods. They call, text, email, and mail. Sometimes they have fake websites that look like real websites, and they send emails that look real and misdirect you. We all must be vigilant. Nothing is certain but death and taxes...**and scammers!**

Never give out your bank account, social security number, credit card, or passwords to someone that calls or texts you. Don't click on links in emails or texts from anyone you do not know. If you think your utility company or bank is calling you, then hang up and call using the number on your statements and invoices. Don't call back the number they just called you on.

Some recent scams:

- Phone calls claiming that money is due for warrants or unpaid fines. Law enforcement agencies will never call and demand money via CoinStar, credit cards, or pre-purchased debit cards to satisfy bonds, or other demands.
- Phone and email scams threatening to turn off utilities unless you pay immediately.
- Phone calls from utilities offering you a special promotion, mentioning a problem with your account, or suggesting an upgrade, all of which require your financial information.

To verify the legitimacy of any call, hang up and call a number you know and trust from your own paperwork and ask if the call is valid.

Federal Trade Commission gives 4 tips to help you identify a scam:

1. Scammers **PRETEND** to be from an organization you know, including charities, and during elections, they may pose as a political party.
2. Scammers say there's a **PROBLEM** or a **PRIZE**.  
They might say you're in trouble with the government. Or you owe money. Or someone in your family had an emergency. Or that there's a virus on your computer.  
Some scammers say there's a problem with one of your accounts and that you need to verify some information.  
Others will lie and say you won money in a lottery or sweepstakes but have to pay a fee to get it. Or you can get a discount.
3. Scammers **PRESSURE** you to act immediately.
4. Scammers tell you to **PAY** in a specific way.

Don't give your personal or financial information in response to a request that you didn't expect. Honest organizations won't call, email, or text to ask for your personal information, like your Social Security, bank account, or credit card numbers.

If you get an email or text message from a company you do business with and you think it's real, it's still best not to click on any links. Instead, contact them using a website or phone number you know. Don't call a number they gave you or the number from your caller ID.

### How To Avoid Phone Scams: **DON'T TRUST CALLER ID**

Your caller ID might show a real government agency or company name or phone number.

But scammers can fake caller ID. **Don't trust it** — even if it looks real.



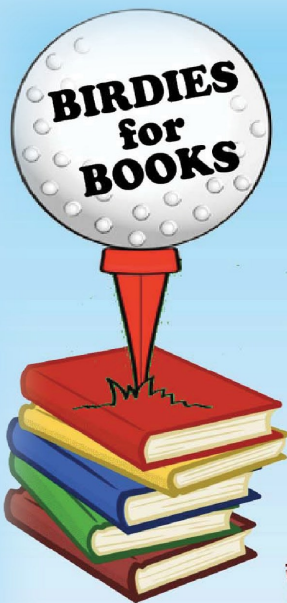
**Here's what to do:**

- ▶ **Get call blocking apps or services.** This will help you get fewer scam calls.
- ▶ **Only call a phone number you know is real if you want to confirm.**
- ▶ **Report scam calls.** Tell the FTC at [ReportFraud.ftc.gov](https://www.ftc.gov/report-fraud).



Learn more at  
[ftc.gov/calls](https://www.ftc.gov/calls)





# Annual NVPL FOUNDATION Golf Scramble



## SATURDAY, August 17, 2024

Whitetail Golf Course  
4295 Wild Fowl Lane, Stevensville, MT



- **Players!**
- **Sponsors!**
- **Donors!**

All proceeds to benefit the  
North Valley Public Library

### Contact:

**JODY TORREY**  
jodymarietorrey@gmail.com  
406 274-8454

**DONNA BAINBRIDGE,**  
dbridge@montana.com  
406 370-4563

For full  
information, including registering online:  
[charitygolftoday.com/nvlibrary](http://charitygolftoday.com/nvlibrary)

### BREWS for BOOKS

Mark your calendars!



Look what's on tap for the  
**North Valley Public  
Library (NVPL)**

This is a fun and BREWtiful way to  
support the NVPL!

**Tuesday, August 13**  
**Wildwood Brewing**  
5:30-8:00pm  
4018 U.S. Hwy. 93 North,  
Stevensville, MT

For more information, contact  
Susan Stemp with Friends of the Library  
skstemp@gmail.com

Thank BREW very much!

### Friends of the NORTH VALLEY PUBLIC LIBRARY

208 Main Street / Stevensville, MT 59870



North Valley  
Public Library Foundation  
PO Box 789 / Stevensville, MT  
nvplfoundation@gmail.com

# SUMMER READING: ADVENTURE BEGINS AT YOUR LIBRARY

## Animal Wonders

### Animal Wonders

Thu., Aug. 22

Children's Event: 4pm-5:30pm

Adult Event: 6pm-7:30pm

Animal Wonders is returning with their live animal ambassadors for a two-session event. Learn how different mammals, reptiles, and birds live and eat while seeing animals in person.

First there is a family session open to children with their families at 4pm.

The adult session starts at 6pm and is specially tailored for adults and not open to children.

Both programs include an hour-long presentation

followed by a 30-minute interactive session. Animal Wonders provides homes to displaced exotic animals and non-releasable wildlife and offers educational outreach programs for the public.

Who will we meet this time? It is a surprise! Whoever we meet, their stories are sure to delight.

Registration is required.

Animal Wonders is brought to you by the generosity of a Town Pump grant supporting Montana libraries.



# Join the spectrUM Discovery Area for their 10th Annual Jane S. Heman Foundation **summer of science** 2024



The University of Montana spectrUM Discovery Area has teamed up with libraries and community organizations in Ravalli and Mineral Counties to share exhibits and activities that explore the themes of problem solving at events throughout the summer. Stop by one of the sites for free, hands-on activities and exhibits.

How can you be a problem solver?

See our website at

[tinyurl.com/summerofscience2024](https://tinyurl.com/summerofscience2024)

or scan the QR Code for our summer schedule.



Ravalli County Museum & Historical Society 205 BEDFORD ST.   HAMILTON	Saturday, June 8th 9-12 Saturday, July 13th 9-12 Saturday, August 10th 9-12
Darby Community Public Library 101 S. MARSHALL ST.   DARBY	Tuesday, June 18th 11-1 Tuesday, July 16th 11-1 Tuesday, August 13th 11-1
North Valley Public Library Stevensville 208 MAIN ST.   STEVENSVILLE	Tuesday, June 25th 1:30-3 Tuesday, July 23rd 1:30-3 Tuesday, August 20th 1:30-3
Bitterroot Public Library Hamilton 306 STATE ST.   HAMILTON	Friday, June 14th 1-3 Friday, July 12th 1-3 Friday, August 9th 3-6
Mineral County Public Library Branches MINERAL COUNTY VARIOUS LOCATIONS	Wednesday, June 12th 12-2 ~ Superior Library Branch Monday, July 24th 12-2 ~ Superior, Eva Horning Park August - TBD ~ Alberton Branch



UNIVERSITY OF MONTANA  
**spectrUM**  
umt.edu/spectrum  
728-STEM

## SUMMER READING: ADVENTURE BEGINS AT YOUR LIBRARY

### Summer Reading

Come explore all that is offered within the theme for summer reading, ***Adventure Begins at your Library***. Check out book displays on real-life adventures, maps and navigating, tourist destinations, and new experiences.

The summer reading bingo challenge runs **May 31 through Aug 9**. Ask for a form at the front desk based on the following age categories: Rubber Duck Reading Challenge for ages 0-4, Kid Bingo Card for ages 5-11, or Teen Bingo Card for ages 12-18.



Receive prizes as you read and be entered into the grand prize drawing on August 13.

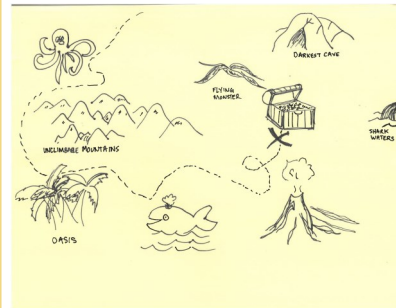
An adult recommended reading list is available as well.

© CSLP

### Drop-in Craft

#### Adventure Map to Treasure

Summer adventures are best shared with someone! This month, come to the library to make your own adventure map and treasure box. Craft a treasure box to fill with treasure, then create a map to where you will hide your treasure. For extra fun, see if someone else can follow the map and find the treasure!



## Adventure Begins at your Library

Stop by all summer to check out all the offerings for summer reading before it's over! The Summer Reading Challenge continues through August 9 with completed bingo sheets due by 5pm on Saturday, August 12. To be entered into the grand prize drawings, you will need to have 2 completed book reports turned in with 8 completed squares on the bingo card. Book reports can be a short written paragraph, draw an image from the book, create a craft of something from the book, or perform an interpretive dance! If you need a template to write a book report, ask a librarian during prize store hours.

#### Prize Store Hours:

Mondays 10:30-3:00pm  
Tuesdays 10:30-3:00pm  
Wednesdays 4:30-7:00pm  
Thursdays 10:30-7:00pm  
Fridays 10:30-3:00pm

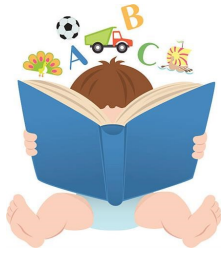
# SUMMER READING: ADVENTURE BEGINS AT YOUR LIBRARY

## Babies, Toddlers, & Preschoolers (Ages 0-5)

### Baby & Me Storytime

Wednesdays at 10am

Ages 0-2 (No programs 8/21 - 8/28)



For Parents/Grandparents with babies 0-2 years. Nursery rhymes, music and stories to engage those amazing young minds.



Wednesdays at 10:30am (No programs 8/21-8/28)

Join this dynamic early literacy program reading your child to read. Share in the fun singing, clapping, reading, and dancing while connecting with other young families in our community.



Check in with local schools for details on free lunches for kids this summer.



## Art for Kids Ages 5-10 Summer Schedule



Mondays at 10:30am | August 5 & August 12

Calling all crafty kids! Lone Rock Kindergarten teacher Crystal Grant presents creative activities. Whether it is painting, drawing, making cards, or mobiles, you'll go home with a handmade treasure after this hands-on learning program.

## Roleplaying Games for Teens

Ages 12-18

Tuesdays at 4pm

Enter the world of Dungeons & Dragons! We are accepting new players for a homebrew campaign. Register online on the library's calendar. For more information email Emily at [emilys@northvalleylibrary.org](mailto:emilys@northvalleylibrary.org)



## Open World Fridays for Teens



Ages 12-18

Fridays at 4pm (No program 8/2)

That Friday Thing with an all-access pass to the cool stuff at the library. Choose to do what's available or do something else exciting.

Register online through the library calendar. You need not attend all sessions.

## Science (Ages 8-12)

(No programs 8/21-8/28)

### SCIENCE Squad on Wednesdays with Science Officer Lisa

Hey explorers, investigators, and inventors ages 8-12! Experience the universe through Legos®, food, experiments and more.

Wednesdays at 2:30pm ~ Registration Required

